

MDT Monthly

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Season's Greetings!



We hope you have the pleasure of giving and receiving holiday gifts, eating home-cooked food, reminiscing about the past, appreciating the present and making future plans.

It is our family tradition before welcoming the "new" year, to thank the "old" year for all the good things that happened. So, as we look back at 2006, we reflect on the positive changes made in MDT. Here are just a few of them:

- Since opening, MDT has helped over 7,000 patients.
- This year we received over 200 letters, cards and notes from patients thanking us for helping them.
- Isabel Pierce was hired as Patient Representative to be an advocate for our patients. She's your go-to gal with questions

- regarding insurance, scheduling and treatment authorization.
- MJ Ewing was hired as our newest staff therapist.
- We gave more raises, bonuses, and scholarships to staff members continuing their education this year than ever before.
- We provided services to more patients who had no or bad insurance or were in financial distress.
- Thanks to you, we have a new MDT Logo! The results of last month's vote clearly showed "B" as the winner.

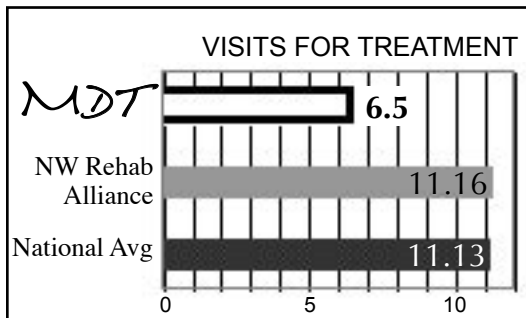


We continue to look forward to every day at work because we feel happiest knowing we helped you!

Thanks,
Nick & Natasha Rinard

SURVEY SAYS: MDT HEALS PATIENTS FASTER

Last month we told you we had exciting news about MDT of Portland's performance in a national study. We already knew we were getting amazing results. But even we were surprised by what the survey found.



Two things are made immediately clear: **Treatment at MDT of Portland takes almost half the time than other clinics and results in fewer missed days at work.**

Other outstanding data shows greatly reduced pain and increased perception that PT is making improvements for the patient. All of these factors contributed to you giving us a **unanimous 5 out of 5 recommendation rating!**

Thanks to all our patients who participated in the survey. We always love hearing that you are happy with the help you get from MDT of Portland.

	MDT	National Avg
Decrease in Pain	80%	60.28%
Overall Improvement	92.5%	73.46%
Increase in Function	79.22%	50.91%
Clinic Recommendation	5	4.88
Therapist Ability	5	4.87
Therapist Understanding	5	4.83
Courteous & Professional Staff	5	4.88
Explanation of Benefits & Paperwork	5	4.89

THE SWEET SOUND OF relief

“ So far in five visits, I've had 80% improvement. In fact, I haven't been able to reach my left arm upwards past shoulder level, but today I'm able to almost reach my arm up to the ceiling without pain!

Isaac S. 11/15/06

When I started, my back hurt so that I could barely walk and I had sharp pains every time I got up from sitting or lying. Now all pain is gone, my back has returned to where it was before my accident, and I know how to continue to strengthen my back so I won't injure it again.

Tina C. 10/19/06

I am just so pleased and amazed that these simple exercises work so fast! Before, my shoulder hurt with any attempt to raise it overhead. Now, after only 1 week, I can freely raise up the arm. Thank you so much!

Bernice T. 10/18/06

The greatest benefit of the treatment was my increased awareness of actions that cause pain and counter actions that I can take to alleviate the pain. Very empowering!

Anonymous 10/18/06

My lower vertebra and bursa were giving me problems with walking, sitting, lying, exercising, and even sleeping. As a result of the treatments I can do all of the "normal" activities again. More importantly, I have a preventative measures plan in place to, hopefully, subvert issues in the future.

Michael S. 11/15/06

I first came here because I was having chronic neck pain and headaches. After a couple of visits, Amanda found some exercises that were easy for me to do, and worked. I can drive better now that I can turn my head without pain. I can work at my job more efficiently without the constant headaches. I can play with my daughter anytime now. Thank you!

Bethany C. 10/06/06

