

Newest member to MDT...

Amber Jeglum DPT

Graduated from University of Wisconsin, La Crosse

Amber chose the field of physical therapy because she knew she had the potential to help people help themselves.

Through her experience she's found immense gratification interacting with people who are experiencing pain which is preventing them from doing the things they love. Her knowledge in answering health related

questions has given her the tools to improve the well-being of her patients lives through education and exercise.

She returned to the MDT method because it works. She understands that her use of the mechanical assessment on her patients allows them to gain results quickly and return to fun, work, and high intensity activities they enjoy.

Amber found Portland to be spectacular with it's big trees, galleries, parks, friendly people, bike lanes, coffee shops, and

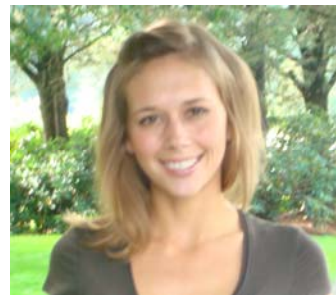
many book stores! It was love at first sight.

After graduation Amber returned to MDT and made Portland her residence.

Now fully immersed in the northwest, you can find Amber biking, jogging, hiking and searching the blue section at Powells.

Call for an appointment with Amber today!

Amber Jeglum DPT



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The Referral Game

Starting October 1, 2010

The current or former patient who refers the most people to MDT, who actually come in for help in October will win a FREE DINNER.

Send your friends who need PT!

Don't know if they need PT?

Recommend a FREE SCREEN and find out!

MDT patients get Results:

Don't take OUR word for it

“My injury made it so that I could no longer bike or run without pain.

The MDT method gets rapid results for high impact athletes!

When the pain was at it's worst, I even found it difficult to walk.

It only took 7 visits at MDT to completely eliminate the pain that came on with biking.

I completed a 25 plus mile ride on Sunday without incident! Thanks MDT!

Beth E.
Aug. 25, 2010 ”



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FREE CONSULTATION COUPON

MENTION THIS COUPON AND SCHEDULE A FREE
APPOINTMENT TODAY

(503) 244-6232



In just 5-10 minutes, MDT can determine if your pain may be mechanical or not. If so, we can help get you out of pain and back to enjoying your life with a full evaluation.

“MDT HELPS”

Here's what **YOU** had to say about:

I. How MDT helps Back pain

“The results I received are significant. No other PT

got lasting results, if any. I have learned a couple of exercises to address the problem, cause and effect of certain movements and what to do to im-

prove negative effects. If I begin to have pain I know what to do to counteract it on my own. My experience has exceeded my expectations!”



**Call 503-244-6232
to schedule an
appointment today!**